

## **Understanding the cause of pain**

We all understand that trauma or injury will cause pain. But what about when “time” or medicine does not heal the symptoms? Sometimes we are only addressing the symptom rather than the core issue, so the problem does not go away, or does not stay away. With energetic therapy and kinesiology and detoxification, we start to work at the cause of the problem at other levels.

I call it “lint picking,” and explain it this way. When we are born we arrive with a mostly shiny new coat. Very soon, we start picking up lint in the form of perhaps allergies, or a trauma such as vaccination, or emotional stress, accidents, poor nutrition, spinal stress, falls, loss, in short the numerous things that we experience in life that may blow a breaker and create an energy blockage. It is these blockages that affect our health and well being in small or considerable ways, and cause pain and disease (dis-ease).

So how can we address the issues and pain and get the rivers of energy flowing properly in our body again? We start picking away at the lint.

With Quantum Biofeedback, we look at the body energy of the WHOLE person, scanning for imbalances in dozens of categories. With the Yuen Method™, we use a muscle indicator to help us find the blockage – could be physical, non-physical, mental, emotional, and beyond.

So then what happens? Using Quantum Biofeedback, we introduce balancing frequencies to the body via wrist, ankle and head straps. The body will entrain to these frequencies and stimulate the innate ability of the body to heal itself. Specific frequencies are used for spinal, hormones, lymphs, organs, emotions, candida, allergies, chakras, acu-meridians, etc.

With the Yuen Method™ Method we use Chinese Energetic corrections to “un-block” blown circuits – like turning on a breaker that has been blown - making the body strong to the negative stress or core issues. We are not treating just the symptoms but balancing the whole body energy system. (I do not treat, diagnose or prescribe).

The goal is to improve the quality of life of the client.

I also like to talk to people about helping their body detoxify in a sensible manner to help regain optimum energy and our organs and brain always thank us when we do! We have years of toxins built up in our body and colon, including parasites, and all of these things take a toll on our health as they accumulate, and lead toward pain, stress and disease. We can take back control and feel better, and get better too.

Remember, good health is a natural state after all.