

Trouble sleeping or falling asleep:

This can be caused by a variety of factors, from reaction to foods, you eat, stress, over-fatigue, hormones, adrenal imbalance.

Using the Life System Quantum Biofeedback device, we can scan the body to help detect the cause of the problem, and apply balancing frequencies to stimulate your body's natural healing.

Also, I can recommend great herbs that can help you have a much better sleep.